## **Make Running Fun Cross Country Camp**

Health History

| This form must be ent                  | irely co  | mplete   | d and signed by a par     | ent/guar | dian fo  | r the athlete to be registered for  | camp.    |        |
|--|-----------|----------|---------------------------|----------|----------|---|----------|--------|
| Athlete's Name                         |           |          |                           |          |          |   |          |        |
| Please fill in the follow:             | ing info  | mation   | and have it reviewed b    | y your p | hysiciar | prior to camp. The camp health  | personi  | nel    |
| must be informed of a                  |           |          |                           |          |          |   | •        |        |
| Place one check ( ✓ )                  | in the ap | propri   | ate column that corres    | ponds to | each it  | em below. If "yes" provide det  | ails and | dates. |
|  | Yes       | No       |                           | Yes      | No       | 1   | Yes      | No     |
| Dental Issues                          | 103       | 110      | Insomnia                  | 103      | 110      | Diarrhea/Constipation   | 103      | 110    |
| Convulsive Disorder                    |           |          | Skin Rashes               |          |          | Shortness of Breath   |          |        |
| Diabetes                               |           |          | Seasonal Allergies        |          |          | Recent weight Loss/Gain   |          |        |
| Emotional Issues                       |           |          | Frequent UTIs             |          |          | Cigarette Smoking   |          |        |
| Headaches                              |           |          | Anemia                    |          |          | Fifth's Disease / / /   |          |        |
| Asthma                                 |           |          | Heart Disease             |          |          | Chicken Pox / / /   |          |        |
| Bleeding Issues                        |           |          | Eating Disorder           |          |          | Measles / / /   |          |        |
| Depression / Anxiety                   |           |          | Hepatitis A, B, C         |          |          | Mumps / / /   |          |        |
| Enuresis                               |           |          | Lice / Scabies            |          |          | Rubella / / /   | 1        |        |
| 211011 0015                            |           | ı        |                           |          | 1        |   |          |        |
| ALLERGIES (List<br>List allergy medica |           | •        | -                         | -        |          | ing regular allergy shots?nd management of the reaction                       |          | No     |
| Food Allergies (list)                  | )         |          |                           |          |          |   |          |        |
| Other allergies (list                  | : includ  | le inse  | ct stings, hay fever, a   | asthma,  | anima    | l dander, etc.)   |          |        |
| following information:                 | CHECK     | ONE      | (1) BOX <u>ONLY</u> AND S |          |          | f complete and submit the   |          |        |
| I have (campers / staff                | under     | age 18:  | My child has):            |          |          |   |          |        |
|  |           |          | gitis immunization (Me    | nomune)  | within   | the past 10 years.  |          |        |
| the risks of not meningococcal         | receivir  | ng the v |                           |          |          | cal meningitis disease. I understan will <b>not</b> obtain immunization again |          |        |
| Signed                                 |           |          |                           |          |          | Data  |          |        |

(Staff, Parent / Guardian if camper is under age 18)

| Athlete's Name  |
|---|
| Please give DATES for ALL DOSES for the following immunizations:  |
| $\begin{array}{cccccccccccccccccccccccccccccccccccc$  |
| TD (Tetanus / Diphtheria) #1// Haemophilus (HIB) #1// #2/ #2// #3// #3//// _  |
| Polio #1/ / #2 #2 / Day / #3 / #3 / Day / H4 / / #4 / / #4 / / /  |
| Varicella (Chicken Pox)#1 / #2 #2 #2 #2 / /   |
| $ MMR  \#1_{\frac{1}{Month}} / \underbrace{\frac{1}{Day}} / \underbrace{\frac{1}{Year}}  \#2_{\frac{1}{Month}} / \underbrace{\frac{1}{Day}} / \underbrace{\frac{1}{Year}}  or  Measles \#1_{\frac{1}{Month}} / \underbrace{\frac{1}{Day}} / \underbrace{\frac{1}{Year}}  \#2_{\frac{1}{Month}} / \underbrace{\frac{1}{Day}} / \underbrace{\frac{1}{Year}}  \#2_{\frac{1}{Month}} / \underbrace{\frac{1}{Day}} / \underbrace{\frac{1}{Year}}  \#2_{\frac{1}{Month}} / \underbrace{\frac{1}{Nonth}} / \frac{$ |
| or $Mumps #1 \frac{1}{Month} / \frac{1}{Day} / \frac{1}{Year} = #2 \frac{1}{Month} / \frac{1}{Day} / \frac{1}{Year}$  |
| or Rubella #1 ${}$   |
| Hepatitis B #1 Month / Day / Year #2 Month / Day / Year #3 Month / Day / Year / Year  |
| Camper / staff is under the care of a physician for the following conditions:   |
| Current treatment at the time of this report includes:  |
| Current treatment at the time of this report includes:  |
| Treatment to be continued at camp:  |
| Description of any limitation or restriction on camp activities, including dietary restrictions:  |
| Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware of.  |
| Parents / Guardian Authorization: This health history is correct and complete as far as I know, and the camp participant has permission to engage in all camp activities except as noted in the report. I will advise the camp of any changes to this   |
| form upon arrival at camp.  |
| Print Name Signature Date   |
| Print Name Signature Date   |