

Girls Triathlon Champions (since 1998)

Lindsey Reggo	Ridgefield	1998
Beth Androwski	Hackensack	1999
Courtney Reggo	Ridgefield	2000
Lauren Zaccone	Mahwah	2001
Lauren Zaccone	Mahwah	2002
Jenna Bauberger	Indian Hills	2003
Kristen Reese	Carmel	2004
Kristen Reese	Carmel	2005
Lindsey Pederson	Waldwick	2006
Kelsey Dunn	Waldwick	2007
Kristen Traub	Eastern Christen	2008
Kristen Traub	Eastern Christen	2009
Kristen Traub	Eastern Christen	2010
Kristen Traub	Eastern Christen	2011
Vivian Tu	Bergen Academies	2012
Julia Guerra	Indian Hills	2013
Julia Guerra	Indian Hills	2014
Julia Miles	Indian Hills	2015
Leanne Atkinson	Indian Hills	2016
Leanne Atkinson	Indian Hills	2017
Allison Lounsbury	Indian Hills	2018
Allison Lounsbury	Indian Hills	2019
Isabella Drezek	Hasbrouck Heights	2021
Brianna Braver	Ramapo	2022
Lexi Powers	Hasbrouck Heights	2023

Girls Top 20 Races (since 2000)

1.)	17:55 - Julia Guerra	Indian Hills	2013
2.)	18:22 - Kristen Traub	Eastern Christian	2010
3.)	18:50 - Corrine Barney	Indian Hills	2019
4.)	19:02 - Allison Lounsbury	Indian Hills	2019
5.)	19:18 - Kristen Reese	Carmel	2005
6.)	19:53 - Lindsey Southard	Carmel	2005
7.)	19:54 - Christina Mendoza	Hudson County Prep	2000
	19:54 - Rebecca Fortoul	Hasbrouck Heights	2010
9.)	20:06 - Madeline Barney	Indian Hills	2019
10.)	20:11 - Brianna Potaki	Ramapo	2023
11.)	20:13 - Isabella Drezek	Hasbrouck Heights	2021
12.)	20:19 - Lauren Zacccone	Mahwah	2003
13.)	20:23 - Alyssa Maybeck	Indian Hills	2023
14.)	20:25 - Serena Martinez	Hackensack	2014
15.)	20:27 - Summer Myhren	Indian Hills	2023
16.)	20:34 - Laura Young	Governor Livingston	2011
17.)	20:40 - Jacqui Carroll	Wayne Valley	2002
	20:40 - Jill O'Brien	Bogota	2013
19.)	20:44 - Abigail Churchill	Indian Hills	2019
20.)	20:45 - Brianna Braver	Ramapo	2022
	20:45 - Arianna Lopez	Palisades Park	2014

Girls Triathlon Records

5k Race	17:55	Julia Guerra	Indian Hills	2013
Shuttle Run	11.2	Kayla Van Lenten	Eastern Christian	2013
Softball Throw	145 ft.	Lindsey Reggo	Ridgefield	1998
Swim	0:36	Kristen Steitz	Ridgefield	2000
Total Points	6054	Kristen Traub	Eastern Christian	2010